

Online Ergonomist

Aspen's Online Ergonomist is an ergonomic specialist who works with your employees via online and telephone to conduct office ergonomic assessments and solve ergonomic issues. Our Online Ergonomist can help employees in traditional, remote, or home office environments.



How it works

Our online ergonomics approach generally involves the following steps:

1. Conduct a brief needs assessment of the organization so that we understand the work environment.
2. Provide Live Webinar (or online training) on the **Fundamentals of Office Ergonomics**.
3. Employees complete an *Online Ergonomics Self Assessment* and provide photos of their work environment.
4. When completed, the Online Ergonomist will schedule a phone call to discuss the self-assessment, photos, and any other particulars.
5. Online Ergonomist provides comprehensive report with recommendations.
6. Phone and email assistance for 6 months.

What's different about us

We don't sell ergonomics equipment or supplies of any kind, and we do everything possible to work with an individual's existing equipment.

Benefits

- Cost savings. The Online Ergonomics Assessment is \$145
- Prevention of musculoskeletal injuries, and reduction of workers' compensation & health insurance costs
- Improved return-to-work outcomes

Additional Offerings

- Onsite ergonomics evaluations and training for both office and industrial operations available